



## Instructions for the assembly and safe use of the SmitCare Lightweight Safety Rollator



### Contents

- 1 x Four Wheel Walker with bag and handles attached brakes by cables
- 2 x Handwheel nuts, bolts and washers
- 1 x Padded backrest

### **Code: LSR1X**

Manufactured in China for SmitCare  
Actual product may differ from that shown



### **Assembly**

- Remove walker from the box and open the frame to its maximum width (Fig. 1)
- Insert the handle stems in the frame at the required height. Insert the bolt through the handlebar from the inside of the frame (note hexagonal cut-out in frame to hold the bolt head), then apply the washer and star wheel. Tighten securely and check that there is no movement on the handle grip. Now repeat on the other handlebar.
- The backrest locates in place with two spring buttons as shown in Fig 2.
- Check the brakes operate effectively (as described in section 3) before each use.



Fig 1



Spring  
Buttons

Fig 2

## Instructions for Using the Four Wheel Lightweight Walker

### **1. Unfolding**

To unfold the walker, apply the brakes and push down on the handles; note that the folding side brackets are horizontal when it is fully open. Fold the seat down and the walker is ready for use.

### **2. Walking**

Unfold the walker and put the seat down (described above). Place the frame in front of you, hold the handles and walk forward naturally. When the handle height is at the correct setting your elbows should be slightly bent whilst you are walking.

To slow the walker down the lever brakes can be squeezed gently. Release them to return to normal. When you want to stop apply the lever brakes and when you have stopped completely. You can lock the brakes by pushing both the brake levers down until you feel them click & lock.

To release the brakes pull both the levers up so that you hear them unclick, they are now in the middle “neutral” position and all the wheels run freely.

Note - The four-wheel lightweight walker should not be used on rough, uneven or soft ground.

### **3. Sitting/Standing**

The seat may only be used when the walker is stationary. Both brakes **must** be put into the locked position, check they are secure and that the wheels do not move.

When you want to stand up first check that the brakes are in the locked position so that the walker does not roll away from you as you push down on the handles to stand up.

### **4. Folding and Storage**

To fold the walker, lift the seat and pull upwards on the handle that is located at the bottom of the bag. As you pull the handle, the central bar lifts and closes the walker.

### **5. Cleaning**

Remove bag, clean with a solution of mild detergent and household disinfectant in warm water applied with a damp sponge. Dry thoroughly. Do not clean with harsh abrasives.

### **6. Maintenance**

Although the Lightweight Walker should give many years of trouble free service, we recommend that it should be checked monthly to ensure that all components are secure and function correctly. Items to check include wheels/tyres, handgrips, seat hinge and the folding mechanism. Additionally, the brakes may require minor adjustment to ensure they lock securely. They can be adjusted using the threaded adjusters at either end of the brake cables to provide a gap between the tyre and brake of approximately 3mm.

Should you require assistance, a mobility shop or bicycle shop would be able to help.

#### **Dimensions**

Handle heights	33” – 39” (840 - 990) mm
Floor to seat height	21.5” (550) mm
Width between armrest	17” (435) mm
Seat measurements	14” x 13 (355 x 330) mm
Footprint	20” x 23” (510 x 590mm)
Weight of product	7.5 kg (fitted with shopping bag)
Maximum user weight	20 stone (127 kg)
Maximum load for vinyl bag	5 kg

#### **Important Notes**

**A risk assessment should be carried out as to the suitability of this product particularly with new users. The following risks should be considered: Entrapment of fingers in the folding mechanism. Risk of falling/tripping. Has the walker been prepared for safe use?**

**Questions / comments? Please contact our customer services department on**

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