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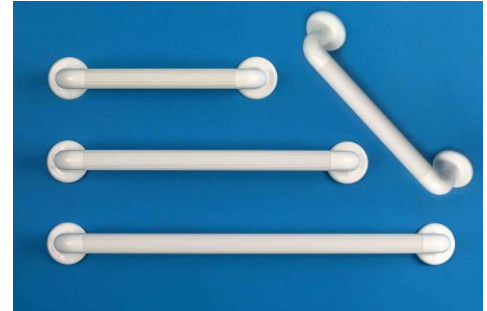
### Instructions for the safe fitting and use of Aquarian Fluted Plastic Grab Rails

**Code AQGR12 12" (305mm) Flanged grab rail**

**Code AQGR18 18" (460mm) Flanged grab rail**

**Code AQGR24 24" (610mm) Flanged grab rail**

Manufactured in China for SmitCare Ltd



SmitCare Aquarian Fluted Grab Rails are designed and manufactured for bathroom, interior and exterior use. The tube is manufactured from extruded UV resistant PVC and the end pieces from strong ABS injection moulded plastic. Each flange end has three countersunk holes designed to take 2" x No.10 (50mm x 5mm) stainless steel countersunk screws.

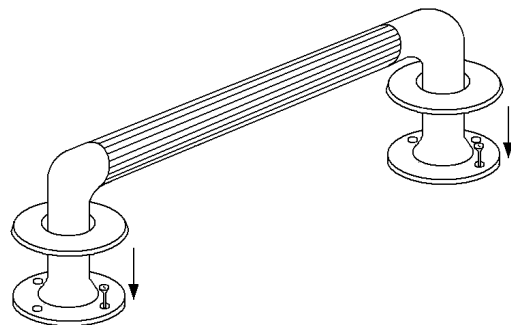
#### **Important Note:**

Grab Rails should be fitted by a competent, qualified tradesman or an Occupational Therapy Technician.

The following fitting instructions are a guideline only.

#### **Fitting to a solid (brick or breeze block) wall**

- 1 Decide where you want to position the rail. Often your O.T. will advise you or mark the wall for you.
- 2 Offer the rail up to the wall in the desired position and mark the screw hole positions.
- 3 Drill with the appropriate sized drill and push correct sized plugs for the screw you are using into the wall.
- 4 Offer the rail up to the wall.
- 5 Part screw in all three screws.
- 6 Fix flange at the other end of the Grab Rail in the same way, again using all three screws. This time drive the screws home.
- 7 Go back to the first flange and again drive all three screws home.
- 8 Finally, clip the shrouds or screw covers down over the flanges. This will give your Grab Rail an elegant appearance and hide the screw heads.



N.B. Stainless Steel screws are recommended for the fitting of any bathroom equipment, reducing the risk of rust.

## **Fitting to Stud walls**

Smitcare do not recommend that any Grab Rail should be fitted to stud walls unless they are screwed directly onto the studs or a batten stretched between studs. However, practicalities must be borne in mind and a qualified tradesman should be able to fit a Grab Rail to a stud wall so that it may be used safely in appropriate circumstances. A qualified person should be able to guide you in this matter.

Smitcare are unable to give a weight bearing load figure on Grab Rails because of the unseen dynamic forces which may be applied by the user. In general, it is safe to say that the Aquarian Fluted Grab Rails are suitable for users up to 30 stones (190 kg) when used in a straightforward standing or support exercise.

**Cleaning :**      **Domestically, bathrooms can be a source of infections, therefore clean regularly with a solution of mild detergent and household disinfectant in warm water applied with a damp sponge. Dry thoroughly. Do not clean with harsh abrasives.**

Should you have any queries please contact our customer services department on: **01276 677888**