

**Instructions for the assembly and safe use of the
 SmitCare Lightweight Rollator**

Contents

- 1 x Four Wheel Walker with bag and handles attached by brake cables**
- 2 x Bolts & Handwheels**
- 1 x Padded Backrest**

Code: LSR24

Made in China
 (Actual product may differ from that shown)



Assembly

- Remove walker from the box and open the frame to its maximum width (Fig. 1)
- Insert the handle stems in the frame at the required height. Insert the bolt through the frame and handlebar, ensuring the hex head of the bolt is captive by the hex shape in the frame (Fig 2), then securely tighten with the handwheel. Now repeat on the other handlebar.
- The backrest locates in place with two spring buttons (Fig 3).
- Remove the plastic covering from the tyres and check the brakes operate effectively (as described in section 3) before each use.



Fig 1



Fig 2



Fig 3

Instructions for Using the Four Wheel Lightweight Walker

1. Unfolding

To unfold the walker, apply the brakes and push down on the handles; note that the folding side brackets are horizontal when it is fully open. Fold the seat down and the walker is ready for use.

2. Walking

Unfold the walker and put the seat down (described above). Place the frame in front of you, hold the handles and walk forward naturally. When the handle height is at the correct setting your elbows should be slightly bent whilst you are walking.

To slow the walker down the lever brakes can be squeezed gently. Release them to return to normal. When you want to stop apply the lever brakes and when you have stopped completely. You can lock the brakes by pushing both the brake levers down until you feel them click & lock. To release the brakes pull both the levers up so that you hear them unclick, they are now in the middle "neutral" position and all the wheels run freely.

Note - The four-wheel lightweight walker should not be used on rough, uneven or soft ground.

3. Sitting/Standing

The seat may only be used when the walker is stationary. Both brakes **must** be put into the locked position, check they are secure and that the wheels do not move.

When you want to stand up, first check that the brakes are in the locked position so that the walker does not roll away from you as you push down on the handles to stand up.

4. Folding and Storage

To fold the walker, lift the seat and pull upwards on the handle that is located at the bottom of the bag. As you pull the handle, the central bar lifts and closes the walker.

5. Cleaning

Remove bag, clean with a solution of mild detergent and household disinfectant in warm water applied with a damp sponge. Dry thoroughly. Do not clean with harsh abrasives.

6. Maintenance

Although the Lightweight Walker should give many years of trouble free service, we recommend that it should be checked monthly to ensure that all components are secure and function correctly.

Items to check include brakes, wheels/tyres, handgrips, seat hinge, and folding mechanism. The brakes may require minor adjustment to ensure they lock securely. They can be adjusted using the threaded adjusters at the top or bottom of the brake cables to provide a gap between the tyre and brake of approximately 3mm.

Should you require assistance, a mobility shop or bicycle shop would be able to help.

Dimensions

Handle heights	32" – 37" (810 – 940mm)
Floor to seat height	21.5" (550mm)
Width between handles	17.5" (440mm)
Seat measurements	13.5" x 13" (340 x 330mm)
Footprint	20" x 23" (510 x 590mm)
Weight of product	7.5 kg (fitted with shopping bag)
Maximum user weight	24 stone (152kg)
Maximum load for vinyl bag	5 kg

Important Notes

A risk assessment should be carried out as to the suitability of this product.

**Questions / comments? Please contact our customer services department on
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